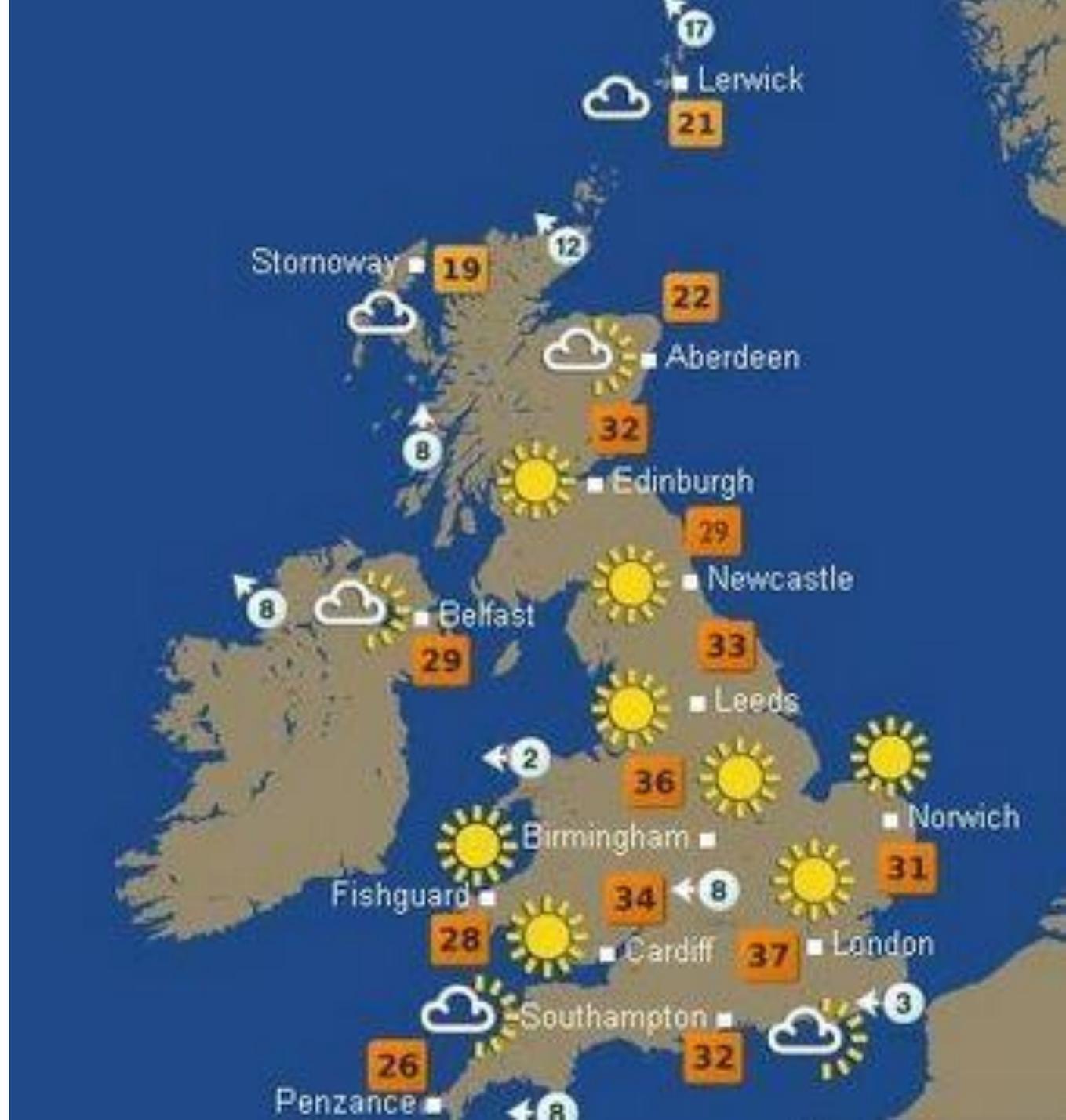


As the temperatures soar this summer to record heights – how are you going to stay safe?

With the long hot summer almost here please take some time to consider your safety over the next six weeks.....



Police issue warning over swimming in open water after death of teenager in Leeds



Remember no matter how hot it gets do not be tempted to swim in open water like canals, lakes, rivers or reservoirs.

Unfortunately there are hidden dangers in open water swimming – keep swimming to the sea and swimming pools where you are supervised.

Recently we have had an incident in Coleshill



On Sunday a young boy was approached by 2 masked riders on bikes who told him to drink from a bottle. He did, and began to feel ill and went home.

The boy has recovered, however it is believed there was a strong anaesthetic in the drink that made him unwell.

Look through the next slide for how to keep yourself safe.

Do You Know How to Be Street Smart?



Being “**Street Smart**” means you follow the simple rules below to make sure you are always safe when you are out and about.

1. Make Your Whereabouts Known

That means telling your mum or dad, grandmother, babysitter, or whoever is keeping an eye on you where you are and when you'll be coming home.

2. Stick With a Friend

It's more fun and safer to do things with friends. Take along a friend when you walk to school, bike around the park, or go to the shops. Travelling with a friend whenever you can is a good idea, and travelling with a bunch of friends is even better.

3. Pick Out Safe Spots

What are **safe spots**? Safe spots are places where you can stop if you need help, like the houses of kids you know, your parents' friends' houses, stores, restaurants, police stations, libraries, and fire departments.

4. Avoid Places That Aren't Safe

Be sure to keep away from isolated areas. These are places where no one is around, like the woods or small, dark streets.

5. Let Adults Help Strangers

It's nice to help people. But remember: **Strangers should ask adults — not kids — for help.**

If a stranger approaches you and asks you for help — such as with giving directions, finding lost money, or searching for a runaway dog — don't help

6. Stay Away From Strangers' Cars

7. Make a Lot of Noise If You're Scared